

Fall 2013 Open Gym Schedule

Basketball

Bauer Drive:

Youth 12-17	Mon.-Thur.	2:30-5:45pm
Adult 18+	Thur.	6:15-9:45pm
Senior 55+	Tues. & Thur.	9:00-12:00 noon

Damascus:

Youth 12-17	Mon.-Fri.	2:45-5:45pm
Adult 18+	Mon.	7:30-8:50pm
Adult 30+	Tues.	7:30-8:50 pm
Family	Sat.	1:45-3:00pm

East County:

Adult 18+	Mon. & Thur.	11:30-1:30pm
Youth 12-17	Mon.-Fri.	3:00-6:00pm
Adult 30+	Tues.	6:30-8:50pm
Adult 18+	Wed.	6:30-8:50pm

Germantown:

Family	Sun.	12:00-2:30pm
Youth 12-17	Mon., Wed.-Fri.	3:00-6:00pm
Family	Sat.	12:00-2:45pm
Adult 18+	Mon.	6:00-9:00pm

Good Hope:

Adult 18+	Mon., Wed.	6:00-8:00pm
Youth 12-17	Mon.-Thur.	3:00-6:00pm

Lawton:

Youth 12-17	Mon.	3:00-4:00 & 5:00-6:00pm
Youth 12-17	Tues. & Thur.	3:00-6:00pm
Youth 12-17	Fri.	3:00-5:00pm
Adult 18+	Mon.-Fri.	12:00-3:00pm
Adult 18+	Tues.	6:00-9:00pm
Adult 18+	Sat.	3:00-5:00pm
Elem./Middle School	Sat.	10:00-12:00 noon
Teens/High School	Sat.	12:00-3:00pm

Long Branch:

Youth 12-17	M, W, F	3:00-6:00pm
Youth 12-17	T, Th	3:00-7:30pm
Adult 18+	M,T,Th,F	11:00-3:00pm
Adult 18+	Wed.	12:30-3:00pm
Adult 18+	Mon. & Wed.	6:00-9:00pm
Adult 18+	Tues. & Thur.	7:30-9:30pm

Longwood:

Youth 6-12*	Mon. & Wed.	3:00-6:00pm
Teen 13-17	Tues. & Thur.	3:00-6:00pm
Teen 13-17	Sat.	1:00-3:00pm
Adult 18+	Tues.-Thur.	6:00-9:00pm
Adult 18+	Sat.	3:00-5:00pm
Senior 55+	Mon. & Tues.	10:00-3:00pm
Senior 55+	Wed. & Thur.	12:00-3:00pm

*Parental supervision required.

Mid-County:

Youth 17 and under	Mon.-Fri.	2:30-6:00pm
Youth 17 and under	Sat.	2:30-5:30pm
Adult 18+	Mon. & Wed.	6:00-8:45pm

Plum Gar:

Mid. School/H.S.	Mon. - Fri.	3:00-4:30pm
Adult 18+	Thur.	6:15-8:45pm*
Youth 12-17	Sat.	10:00-12:00 noon

*Times change in December. Call the Center for more information.

Potomac:

Family	Tues. & Thur.	8:00-9:00pm
Adult 18+	Wed.	6:00-9:00pm

Praisner:

Adult 18+	Tues., Wed., Fri.	12:00-2:30pm
Family*	Sat.	10:00-3:00pm
Adult 19+	Mon., Wed.	6:30-8:50pm

*Children 10 and under must be accompanied by a parent.

Upper County:

Adult 18+	Mon.-Thur.	12:00-2:30pm
Youth 17 & under	Mon. & Wed.	6:00-8:00pm
Youth 17 & under	Tues.	2:30-4:30pm
Youth 17 & under	Fri.	2:30-3:30pm
Family	Sat.	11:00-5:00pm
Adult 18+	Mon. & Wed.	8:00-10:00pm

Wheaton:

Youth 17 & under	Mon.-Thur.	2:30-5:30pm
Adult 18+	Thur.	8:30-9:45pm

White Oak:

Adult 18+	Mon.-Fri.	10:30-1:30pm
Elem. & Middle School	Mon.-Fri.	3:00-4:30pm
High School	Mon.-Fri.	4:30-6:00pm
Adult 40+	Mon.	6:00-8:45pm
High School	Tues.	6:00-8:45pm
Adult 18+	Thur.	6:00-8:45pm
Family (Volleyball also)	Sat.	10:30-2:45pm
Family (Volleyball also)	Sun.	12:00-3:45pm

Wisconsin Place:

Youth & Adult	Mon.-Fri.	12:00-3:00pm
Youth 17 & under	Sat.	12:00-3:00pm
Family	Sat.	12:00-3:00pm
Youth 17 & under	Sun.	1:00-3:00pm
Family	Thur.	5:00-8:30pm
Adult 18+	Wed.	5:00-8:30pm
Youth 17 & under	Tues.-Thur.	3:00-5:00pm
Youth 17 & under	Fri.	3:00-4:30pm
Adult 18+	Sat. & Sun.	3:00-5:00pm

Volleyball Open Gym

Bauer Drive:

Adult 18+	Wed.	8:15-9:45pm
Senior 55+	Mon. & Wed.	10:30-12:30pm

Damascus:

Family	Mon.	6:15-7:15pm
Family	Sat.	11:45-1:30pm

Germantown:

Family	Sun.	2:30-4:45pm
Family	Wed.	6:00-7:30pm

Lawton:

Adult 18+	Mon.	6:00-9:00pm
-----------	------	-------------

Mid-County:

Adult 18+	Sat.	12:00-1:45pm
Adult 18+	Wed.	1:45-3:45pm
Senior 55+	Fri.	12:00-2:00pm

Plum Gar:

Youth 17 & under	Sat.	12:00-1:45pm
Adult 18+	Sat.	1:45-3:45pm
Adult 18+	Tues.	6:15-8:45pm

Praisner:

Adult 18+	Thur.	7:00-9:45pm
-----------	-------	-------------

Upper County:

Adult 18+	Thur.	7:00-9:30pm
-----------	-------	-------------

Wheaton:

Adult 18+	Tues.	8:30-9:45pm
-----------	-------	-------------

White Oak:

Family (Basketball also)	Sat.	10:30-2:45pm
Family (Basketball also)	Sun.	12:00-2:45pm
Adult 18+	Sun.	12:00-2:45pm

Wisconsin Place:

Adult 18+	Tues.	5:00-8:30pm
-----------	-------	-------------

Badminton Open Gym

Bauer Drive:

Adult 18+	Tues.	6:00-9:45pm
-----------	-------	-------------

Damascus:

Family	Thur.	6:00-8:00pm
Family	Sat.	10:00-11:30am

East County:

Adult 18+	Thur.	6:30-8:30pm
-----------	-------	-------------

Germantown:

Adult 18+	Thur.	6:00-8:45pm
All ages	Sat.	9:00-11:45am

Mid-County:

Adult 18+	Tues.	6:00-8:45pm
-----------	-------	-------------

Plum Gar:

Adult 18+	Mon.	6:15-8:45pm
Various ages	3 rd Sat. of Month	Call the Center

Praisner:

Adult 18+	Tues.	6:30-8:30pm
-----------	-------	-------------

Upper County:

Family	Tues.	6:30-9:30pm
Family	Sat.	9:00-11:00am

White Oak:

Adult 18+	Wed.	6:00-8:45pm
-----------	------	-------------

Wisconsin Place:

Adult 18+	Sat.	9:30-12:00 noon
Adult 18+	Mon.	5:00-8:30pm

Table Tennis

Bauer Drive:

Adult 18+	Tues. & Thur.	8:25-9:45pm
-----------	---------------	-------------

East County:

Family	Mon.	6:30-8:50pm
--------	------	-------------

Lawton

Adult 18+	Thur.	6:00-9:00pm
-----------	-------	-------------

Long Branch:

Adult 18+	Thur.	7:30-9:30pm
-----------	-------	-------------

Plum Gar:

Adult 18+	Wed.	8:00-8:55pm
Varies	4 th Sat. of Month	Call Center for info.

Praisner:

Adult 18+	Tues.	6:30-8:30pm
-----------	-------	-------------